

Patient Health Questionnaire - PHQ

ChiroCare Form PHQ-202

ChiroCare Use Only rev 5/27/2003

Patient Name _____ Date _____

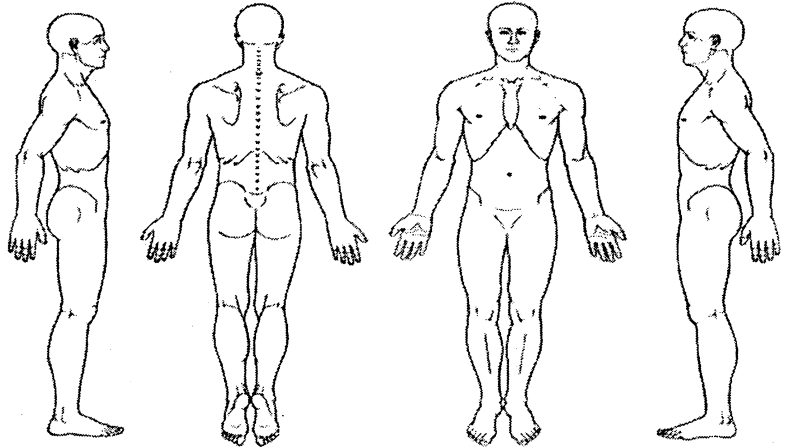
1. Describe your symptoms

a. When did your symptoms start?

b. How did your symptoms begin?

2. How often do you experience your symptoms? Indicate where you have pain or other symptoms

- ① Constantly (76-100% of the day)
- ② Frequently (51-75% of the day)
- ③ Occasionally (26-50% of the day)
- ④ Intermittently (0-25% of the day)



3. What describes the nature of your symptoms?

- ① Sharp
- ② Dull ache
- ③ Numb
- ④ Shooting
- ⑤ Burning
- ⑥ Tingling

4. How are your symptoms changing?

- ① Getting Better
- ② Not Changing
- ③ Getting Worse

5. During the past 4 weeks:

a. Indicate the average intensity of your symptoms

None ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ Unbearable ⑩

b. How much has pain interfered with your normal work (including both work outside the home, and housework)

- ① Not at all
- ② A little bit
- ③ Moderately
- ④ Quite a bit
- ⑤ Extremely

6. During the past 4 weeks how much of the time has your condition interfered with your social activities?
(like visiting with friends, relatives, etc)

- ① All of the time
- ② Most of the time
- ③ Some of the time
- ④ A little of the time
- ⑤ None of the time

7. In general would you say your overall health right now is...

- ① Excellent
- ② Very Good
- ③ Good
- ④ Fair
- ⑤ Poor

8. Who have you seen for your symptoms?

- ① No One
- ② Other Chiropractor
- ③ Medical Doctor
- ④ Physical Therapist
- ⑤ Other

a. What treatment did you receive and when?

b. What tests have you had for your symptoms and when were they performed?

- ① Xrays date: _____
- ② MRI date: _____
- ③ CT Scan date: _____
- ④ Other date: _____

9. Have you had similar symptoms in the past?

- ① Yes
- ② No

a. If you have received treatment in the past for the same or similar symptoms, who did you see?

- ① This Office
- ② Other Chiropractor
- ③ Medical Doctor
- ④ Physical Therapist
- ⑤ Other

10. What is your occupation?

- ① Professional/Executive
- ② White Collar/Secretarial
- ③ Tradesperson
- ④ Laborer
- ⑤ Homemaker
- ⑥ FT Student
- ⑦ Retired
- ⑧ Other

a. If you are not retired, a homemaker, or a student, what is your current work status?

- ① Full-time
- ② Part-time
- ③ Self-employed
- ④ Unemployed
- ⑤ Off work
- ⑥ Other

Patient Signature _____

Date _____

Patient Health Questionnaire - page 2

ChiroCare of Minnesota, Inc.

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Patient Name _____ Date _____

What type of regular exercise do you perform?

① None

② Light

③ Moderate

④ Strenuous

What is your height and weight?

Height

--	--	--

Feet Inches

Weight

--	--	--

lbs.

For each of the conditions listed below, place a check in the Past column if you have had the condition in the past. If you presently have a condition listed below, place a check in the Present column.

Past Present

- | | | |
|-----------------------|-----------------------|--------------------------|
| <input type="radio"/> | <input type="radio"/> | Headaches |
| <input type="radio"/> | <input type="radio"/> | Neck Pain |
| <input type="radio"/> | <input type="radio"/> | Upper Back Pain |
| <input type="radio"/> | <input type="radio"/> | Mid Back Pain |
| <input type="radio"/> | <input type="radio"/> | Low Back Pain |
| <input type="radio"/> | <input type="radio"/> | Shoulder Pain |
| <input type="radio"/> | <input type="radio"/> | Elbow/Upper Arm Pain |
| <input type="radio"/> | <input type="radio"/> | Wrist Pain |
| <input type="radio"/> | <input type="radio"/> | Hand Pain |
| <input type="radio"/> | <input type="radio"/> | Hip/Upper Leg Pain |
| <input type="radio"/> | <input type="radio"/> | Knee/Lower Leg Pain |
| <input type="radio"/> | <input type="radio"/> | Ankle/Foot Pain |
| <input type="radio"/> | <input type="radio"/> | Jaw Pain |
| <input type="radio"/> | <input type="radio"/> | Joint Swelling/Stiffness |
| <input type="radio"/> | <input type="radio"/> | Arthritis |
| <input type="radio"/> | <input type="radio"/> | Rheumatoid Arthritis |
| <input type="radio"/> | <input type="radio"/> | General Fatigue |
| <input type="radio"/> | <input type="radio"/> | Muscular Incoordination |
| <input type="radio"/> | <input type="radio"/> | Visual Disturbances |
| <input type="radio"/> | <input type="radio"/> | Dizziness |

Past Present

- | | | |
|-----------------------|-----------------------|-----------------------------|
| <input type="radio"/> | <input type="radio"/> | High Blood Pressure |
| <input type="radio"/> | <input type="radio"/> | Heart Attack |
| <input type="radio"/> | <input type="radio"/> | Chest Pains |
| <input type="radio"/> | <input type="radio"/> | Stroke |
| <input type="radio"/> | <input type="radio"/> | Angina |
| <input type="radio"/> | <input type="radio"/> | Kidney Stones |
| <input type="radio"/> | <input type="radio"/> | Kidney Disorders |
| <input type="radio"/> | <input type="radio"/> | Bladder Infection |
| <input type="radio"/> | <input type="radio"/> | Painful Urination |
| <input type="radio"/> | <input type="radio"/> | Loss of Bladder Control |
| <input type="radio"/> | <input type="radio"/> | Prostate Problems |
| <input type="radio"/> | <input type="radio"/> | Abnormal Weight Gain/Loss |
| <input type="radio"/> | <input type="radio"/> | Loss of Appetite |
| <input type="radio"/> | <input type="radio"/> | Abdominal Pain |
| <input type="radio"/> | <input type="radio"/> | Ulcer |
| <input type="radio"/> | <input type="radio"/> | Hepatitis |
| <input type="radio"/> | <input type="radio"/> | Liver/Gall Bladder Disorder |
| <input type="radio"/> | <input type="radio"/> | Cancer |
| <input type="radio"/> | <input type="radio"/> | Tumor |
| <input type="radio"/> | <input type="radio"/> | Asthma |
| <input type="radio"/> | <input type="radio"/> | Chronic Sinusitis |

Past Present

- | | | |
|-----------------------|-----------------------|------------------------------|
| <input type="radio"/> | <input type="radio"/> | Diabetes |
| <input type="radio"/> | <input type="radio"/> | Excessive Thirst |
| <input type="radio"/> | <input type="radio"/> | Frequent Urination |
| <input type="radio"/> | <input type="radio"/> | Smoking/Use Tobacco Products |
| <input type="radio"/> | <input type="radio"/> | Drug/Alcohol Dependence |
| <input type="radio"/> | <input type="radio"/> | Allergies |
| <input type="radio"/> | <input type="radio"/> | Depression |
| <input type="radio"/> | <input type="radio"/> | Systemic Lupus |
| <input type="radio"/> | <input type="radio"/> | Epilepsy |
| <input type="radio"/> | <input type="radio"/> | Dermatitis/Eczema/Rash |
| <input type="radio"/> | <input type="radio"/> | HIV/AIDS |

Females Only

- | | | |
|-----------------------|-----------------------|----------------------|
| <input type="radio"/> | <input type="radio"/> | Birth Control Pills |
| <input type="radio"/> | <input type="radio"/> | Hormonal Replacement |
| <input type="radio"/> | <input type="radio"/> | Pregnancy |
| <input type="radio"/> | <input type="radio"/> | |

Other Health Problems/Issues

- | | | |
|-----------------------|-----------------------|--|
| <input type="radio"/> | <input type="radio"/> | |
| <input type="radio"/> | <input type="radio"/> | |
| <input type="radio"/> | <input type="radio"/> | |

Indicate if an immediate family member has had any of the following:

- ☐ Rheumatoid Arthritis ☐ Heart Problems ☐ Diabetes ☐ Cancer ☐ Lupus ☐ _____

List all prescription and over-the-counter medications, and nutritional/herbal supplements you are taking:

--	--	--

List all the surgical procedures you have had and times you have been hospitalized:

--	--	--

Patient Signature _____ Date _____

Doctor's Additional Comments

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Doctors Signature _____ Date _____